

# ILCHESTER COMMUNITY PRIMARY SCHOOL



## Sun Safety Policy

Reviewed June 2024		L King	Deputy Head	Review May 2025
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## **RATIONALE:**

At Ilchester Community Primary School we are committed to our duty to safeguard and promote the welfare of children and young people. Skin cancer is one of the most common cancers in the UK. Most skin cancers are caused by ultraviolet (UV) radiation from the sun. If we protect ourselves from the sun, then we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged.

## **PURPOSE:**

The purpose of the sun safety policy is to provide:

- An environment that enables pupils and staff to stay safe in the sun,
- A curriculum which includes sun safety, to increase knowledge and influence behaviour,
- Collaboration with parents, governors and the wider community to reinforce awareness about sun safety and promote a healthy school.

At Ilchester School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

## **EDUCATION:**

- Sun protection is incorporated into the curriculum for all ages,
- Sun safety assemblies take place twice a year,
- All teachers and staff are made aware of this policy and the importance of sun protection within the school environment,
- Parents are informed of the importance of sun protection through information sent home in newsletters and a letter informing them of the sun protection policy.

## **SHADE:**

- Some shaded areas are available in the playground,
- There are a variety of trees on the school field that provide shade at different times of the day,
- The school is committed to providing increased shade and will take steps to do so whenever works on the school are being considered.

## **TIMETABLING:**

- During periods of hot weather, after 11.00am, children will not be outdoors for any more than twenty minutes. This includes lunchtime. We recognise that for some children this time might be less. Parents must inform the school if their child has skin prone to burning within 20 minutes' exposure and they either do not intend to apply sun screen to mitigate this or if their child's skin is so fair that the sun screen is not effective for 20 minutes,
- During periods of extreme hot weather afternoon PE sessions will not be held outdoors,
- When outdoor activities and events take place on very hot days, we ask that hats, appropriate clothing and sunscreen are worn to minimise sunburn,
- Events such as sports days will be risk assessed and re-timetabled according to the weather.

## **CLOTHING:**

- Pupils are encouraged to wear wide-brimmed or legionnaire style hats when outside,
- Pupils always wear tops that cover their shoulders (vests and strappy tops are not allowed) as part of their school uniform and PE kit,
- Pupils are allowed to wear UV protective sunglasses on sunny days,
- Staff also wear suitable clothing and hats to reinforce sun safety.

## **SUNSCREEN:**

- Parents are reminded to ensure that high factor / 8 hour sunscreen is applied to children before school on hot days,

- Each pupil is encouraged to have their own labelled bottle of sunscreen in school.

### **REHYDRATION:**

- All children need to bring a water bottle into school each day,
- Children are allowed to keep their water bottle in the classroom and are allowed to drink from it throughout the day,
- Water is provided in the dinner hall at lunchtimes.

### **COLLABORATION WITH PARENTS:**

- This policy is available on the school website,
- Parents are reminded about sun screen, hats and water on relevant newsletters,
- Any relevant sun safety information that the school receives from organisations will be passed on to parents.

### **MONITORING and EVALUATION**

This policy will be monitored and reviewed in line with the school's policy review procedure.