

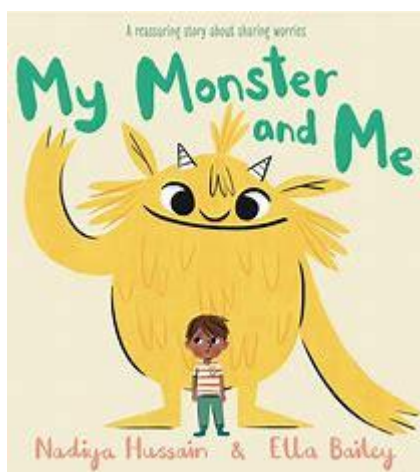
ILCHESTER EARLY YEARS NEWSLETTER

28th February 2025



Being brave isn't the absence of fear. Being brave is having that fear but finding a way through it.

Bear Grylls



Tiggywinkles

This term the Tiggywinkles will be learning all about how they can take care of themselves, starting with how they can manage their feelings, this week they are reading *My Monster and Me*, about a worry monster who grows and grows until the little boy shares his worries with his Gran. The children have made their own worry monsters this week and shared the things that can worry them sometimes, such as their 'bedroom being dark', or 'somewhere being loud', some children said 'I don't have worries as I share them with Mummy', the children talked about how it's good to share their worries with a trusted adult so they don't feel as big. They then thought about the things that make them feel happy and made happy clouds that make their days lighter.

Nutkins

The Nutkins are also looking after themselves this term and are reading the story 'Today I'm strong' talking about being brave in different situations such as trying something new, they have enjoyed making bravery shields this week, and exploring different occupations that show bravery through their role play, as well as continuing to build on turn taking and building friendship skills through play.

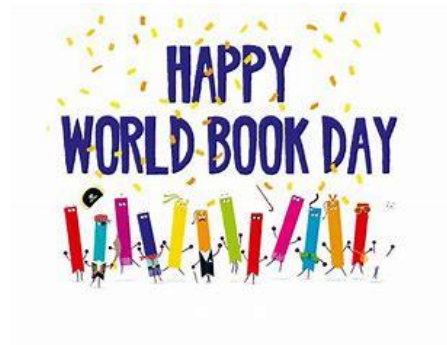
Puddleducks

This week the Puddleducks this week are looking at those who show care for them and those around them such as pets. They have explored dentists, doctors, families and vets learning about how they care for them and how they can support those that care by looking after themselves too, by healthy eating and brushing teeth.

They are also continuing to build on turn taking and following instruction, whilst exploring language and communication.

World book day story cafe

Monday 3rd March you are invited to come and enjoy a story café at Preschool to celebrate world book day from 14:00-14:45pm, this is unfortunately limited to 1 adult per child and only available to those currently booked in for the session.



Spare clothes

We are very short on spare clothes at preschool and would welcome any old trousers, T-shirts or jumpers aged two through to four years old you may have been thinking about clearing out.



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