



'Child centred learning in the heart of the community'

23rd October 2025

Dear Parents and Family Members

As we come to the end of another busy half term, I would like to take a moment to celebrate all that the children have achieved. Over the past seven weeks, we have seen the children grow not just academically, but in confidence and independence too. It has been such a joy to watch them embrace new challenges, support one another, and show real pride in their learning.

This half term has also been packed with a wide range of enrichment activities that have added so much to school life. From exciting trips and workshops to themed days and special assemblies, the children have had so many opportunities to explore beyond the classroom and discover new interests. Their enthusiasm and curiosity have been infectious, and we're so proud of the way they have engaged in everything on offer.

It was a privilege to welcome so many of you into school for parents' evening this week to share in your child's journey so far this year. The atmosphere was full of warmth and celebration, and it meant so much to see the children speaking so confidently and sharing their work and progress with you. Thank you for completing the questionnaire as the partnership between home and school plays a vital part in ensuring the children flourish.

I hope you enjoy reading about your child's learning and enrichment experiences within the newsletter.

Classes 1 and 2

Reception had an amazing day at Burrow Hill Cider Farm! We explored the hill and admired the beautiful view from the top. We read the story *On Sudden Hill* by Sarah Linda while looking out at the views, and there was even time for a little rolling fun on the way back down – lots of laughter from all involved!

Mary, our guide, showed us around the farm and taught us so many interesting things. Did you know Burrow Hill grows forty different kinds of apples? We saw big machines collecting apples, tipping them out of trailers, washing and sorting them before pressing. It was fascinating to watch the process up close!

One of the highlights was getting to touch and smell the squishy apple pulp left after pressing. The children told us it felt funny and smelled delicious! We also learned a surprising fact: it takes fifty apples to make just one bottle of juice. After all that learning, we tasted some freshly pressed juice, and everyone agreed – it was super tasty!

Thank you to our amazing parent helpers who came along and supported us.



The children in Year One have been working hard on number composition of teen numbers over the last couple of weeks. They have impressed us with their independence in building the given teen number with cubes and then using those cubes to identify the number bonds. Super mathematicians!

Class 3

We have been very excited about moving to our new classroom! The children have settled into our new room and love our new space for learning.

In English, we have been retelling the story of the *The Gigantic Turnip*. We used our story maps to retell the story; then added actions. The children chose a new fruit or vegetable and enjoyed writing about gigantic strawberries, pumpkins, watermelons, and many more! This created interesting stories - well done, everyone.





In Science, we have enjoyed exploring the season of Autumn on the field and talking about how the weather is changing in October.

Science has been lots of fun, the children have learned about electricity and made a circuit. We've talked about mains electricity, batteries and things that are run on both.

In Maths, we have been exploring 2D shapes in our environment and visited spaces around the school to find shapes. The children can name many shapes and talk about how many sides they have. They have learned to use a ruler by folding shapes in half and drawing half with a straight line.

Class 4



We have completed our history topic on cars. In English this culminated in the children writing an information page about the first car with an engine invented in 1885 by Karl Benz.

In Maths, we have been working hard on addition and subtraction using the formal column method. We have even started to look at how to carry and exchange a ten. The children have worked hard, well done, Class 4.



In Science, we have been learning about electricity. Last week we created our own electrical circuits to make a light bulb light. In RE we have been learning about the Hindu festival of Diwali. We made some great Rangoli patterns and enjoyed learning a Diwali dance this week with Keri Hill. The children were amazing at picking up the dance moves!



We loved seeing and testing the balloon cars that were made for this term's home learning project. It was great fun testing them in the hall. Thank you to everyone who took part.



The half term finished off with an exciting adventure to the school Forest School area. We were intrepid explorers investigating the secret field and can't wait to see what it looks like when it is all set up. Following our adventure, we completed our 'Waterfield Way' activity and played hide and seek on a large scale with Class 5 as well. It was lots of fun and some of the children are exceptionally good at hiding! We can't wait for our next activity next term.

[Class 5](#)

Class 5 has had a very busy, fun filled couple of weeks!

In Science, we have been learning about electricity and experimented with making electrical circuits. The children were very excited when they were able to light the bulbs! We have been learning about different items that use electricity around the home and the source of power e.g. mains electricity or batteries.

This week, we celebrated the Hindu festival of Diwali by creating some beautiful rangoli pattern artwork and participating in a Bollywood style dance workshop. The children joined in with enthusiasm and had some super dance moves during the freestyle ending!

In English, the children created their own non-chronological report all about Karl Benz and the invention of the first car. They did some fantastic independent writing using relevant vocabulary and extended sentences. They are still working hard on learning to join their handwriting. Well done, children.

We have had a challenge in Maths over the last few weeks with some new learning as the children were introduced to column addition and subtraction. I am so proud of how well they managed this challenge and the self-belief they all demonstrated. Go Class 5!

Well done to all those children who created their own balloon buggies and brought them to school last Friday. We had a brilliant time racing them in the hall. Some of them were super speedy!



Class 6

The children in Class 6 have enjoyed a very varied couple of weeks. As well as their core subjects, they have enjoyed a fast-paced Bollywood-style dance workshop for Diwali to celebrate the Hindu Festival of Light and a very interesting RSPCA workshop where the children learnt all about the RSPCA's work; they were especially keen to hear about hedgehogs – we have a good number of our prickly friends living on school grounds. A visit to Ilchester Museum was made to help the children understand what life in Ilchester was like before the Roman occupation.

Class 7

The class have been extremely busy over the last few weeks. In our English work, we have completed our journey through the text *How to Train Your Dragon* by discussing and evaluating the similarities and differences between the book and the animated versions of the story and subsequently the various merits of each to produce a well informed and balanced argument. The children explained their opinions with great clarity using a range of causal conjunctions.

In Maths, we have explored written methods of multiplication, using our ever-improving times tables knowledge to allow greater accuracy in these calculations. Subsequently, we have begun a sequence of work on fractions, using visual representations like Mr Clothier's marmite and banana pizza to illustrate the idea of parts of the whole.

Our History studies have moved on from the Stone Age to discuss and argue the various theories around the construction of Stonehenge and explore the advantages and disadvantages of using bronze as opposed to iron. This work was supported by a visit this week to the Town Hall to explore life in Ilchester during prehistory and what it was like before the Roman occupation.

R.E., took a short break from Christianity when the children took part in a fantastic and energetic dance workshop to celebrate the Hindu festival of Diwali.

The first Class 7 Conker Championships took place this week as the children took their first steps on the Waterfield Way. They had great fun battling their opponent, trying out various tactics to gain the upper hand.



Class 8

Over the last couple of weeks, Class 8 children have continued to work hard and produced some great pieces of work!



In Science, we have continued to explore light and have become rather adept at using language such as opaque, translucent and opaque to describe how much light is able to travel through a material. We have considered how this affects

what a material is able to be used for; for example, an opaque measuring jug would not be any use as you would not be able to see the levels of fluid being measured inside. We have also had great fun investigating what a shadow is, and we made our own shadow puppets in class. We noticed that the closer the puppet was to the light source, the bigger the shadow was because it blocked more of the light rays. Equally, the further the shadow was from the light source, the smaller the shadow because less light was being blocked.

We have also been fascinated by our trip to the Ilchester Museum to explore how what Ilchester might have been like in the Stone Age, Bronze Age and Iron Age. We were able to examine artefacts and explore how the people of the time used them. We asked lots of questions – we are an inquisitive class!



As part of The Waterfield Way, Lower Key Stage 2 were challenged to have a Conker Competition! We had lots of fun gathering mounds of shiny conkers and helping to prepare them to be strung. We all enjoyed the competing against each other. We discovered that Ilchester conkers are rather tough as they were hard to break... (I can assure you that no vinegar or old-fashioned baking techniques were involved!)



Congratulations to George in Class 8 who was crowned our Class Conker Champion!

Class 9

We have started our new class text, *Coming to England* by Floella Benjamin, which follows her journey as a child of the Windrush generation. Children have been focusing on text immersion and getting to know more about Trinidad, where she is originally from. We have also been focusing on diary entries, writing about

our Diwali dance and RSPCA hedgehog workshops! In Maths, we have begun looking at fractions. The children have been loving converting mixed numbers and improper fractions.

We have also come to the end of our swimming sessions, where the children focused primarily on front crawl, back stroke and breaststroke. Everyone has improved so much! Today for our final session, we had our fun session, which included floats, noodles, rings, balls and races!

Class 10

Class 10 has had a fantastic few weeks, packed with fun and learning! We had a lovely visit from the RSPCA, where the children learned all about how to care for animals and be responsible pet owners. They also got to take part in a brilliant Diwali dance workshop – full of colour, energy and lots of smiles! It was a great way to celebrate culture and get moving at the same time.

Alongside all the excitement, the children have been busy working on their entries for a 500-word story competition, and we've been so impressed by their creativity and effort. We're also really excited to be in the early stages of setting up a pen pal link with another local school. This will be a great chance for the children to connect with new friends, share experiences and practise their writing in a meaningful way.



Class 11

In Class 11, we've been diving into *Survivors* by David Long — a gripping collection of true survival stories. Inspired by the incredible bravery in these tales, the children wrote their own newspaper reports about miners trapped underground for 14 days and a canyoneer who had to cut off his own arm to survive.

In Maths, pupils have been mastering coordinates and using their problem-solving skills to tackle challenging tasks. In Science, the children proudly shared their home learning projects, which explored forces and light. We were treated to creative models, including boats that demonstrated buoyancy and water resistance, and a shadow puppet theatre that showed how light and shadows work. It's been a brilliant term of curiosity and creativity in Class 11!



Online Safety

Esafety- taken from www.internetsafeeducation.com

As of 2025, there are several popular apps used by children and teenagers that pose safety concerns for parents. These concerns include issues such as cyberbullying, exposure to inappropriate content, privacy risks, and potential access for predators. Below is a breakdown of the apps that parents should approach with caution, along with the specific concerns associated with each one.

1. TikTok

- Concerns: Inappropriate content, sexualized trends, privacy issues, potential exposure to harmful challenges.
- Why it's risky: The algorithm can quickly expose young users to mature content. Direct messaging and comment sections can open doors to online predators or bullying.

2. Snapchat

- Concerns: Sexting, disappearing messages, Snap Map location tracking, hidden content via "My Eyes Only."
- Why it's risky: Disappearing content makes it difficult for parents to monitor interactions. Snap Map can reveal a child's real-time location unless turned off.

3. Discord

- Concerns: Unmoderated private chats, exposure to explicit content, cyberbullying, and grooming.
- Why it's risky: Originally for gamers, but now widely used socially. Kids can join public or private servers where inappropriate conversations or images are shared.

4. Instagram (and Threads)

- Concerns: Body image issues, FOMO, adult content, DMs from strangers.

- Why it's risky: Filters and influencer culture can affect self-esteem. While Instagram offers privacy settings, many kids leave accounts public.

5. Roblox

- Concerns: In-game chat, access to user-generated games with inappropriate content.
- Why it's risky: Some games simulate adult themes. Chat features can expose kids to strangers unless disabled.

6. Kik

- Concerns: Frequent use by predators, no phone number required, hard to trace.
- Why it's risky: Kik is often used anonymously, which makes it difficult for law enforcement and parents to track abusive behaviour.

7. OmeTV (or similar video chat platforms similar to Omegle)

- Concerns: Anonymous video chats, high risk of exposure to sexual content or predators.
- Why it's risky: Kids can talk to strangers globally with no registration, leading to extreme and dangerous content exposure.

8. Telegram

- Concerns: Secret chats, self-destructing messages, unregulated content in group chats.
- Why it's risky: Telegram allows encrypted and disappearing messages. Some public channels share adult content.

9. BeReal

- Concerns: Location sharing, minimal content moderation.
- Why it's risky: Real-time photo posting encourages impulsive sharing, sometimes revealing too much about a child's location or routine.
- Why it's risky: These apps are often used to make new friends, but can easily lead to contact with adults posing as teens.

What Parents Can Do

- Use parental controls (Apple Screen Time, Google Family Link, Bark, Qustodio).

- Talk regularly with kids about their online activity — don't just monitor, *engage*.
- Check app permissions and privacy settings to reduce risks.
- Encourage open dialogue: Make sure kids feel safe reporting uncomfortable online interactions.

Internet Safety Checklist for Parents (2025 Edition)

- Install parental control software (e.g., Bark, Qustodio, Google Family Link, Apple Screen Time).
- Enable screen time limits for apps like TikTok, Snapchat, and Discord.
- Set up alerts for downloads of new apps.
- Regularly review your child's device for new apps or hidden folders (like "My Eyes Only" on Snapchat).
- Ensure location tracking is turned off on social apps.

[Class 3's New Classroom](#)

The Year One children have loved moving into their new classroom. It has been a big step and such an exciting change! The space feels fresh and inviting, and it has really helped them settle in and feel more grown-up. With new areas to explore and learn in, they have become more confident and curious, and we have seen a real boost in how they engage with their learning. It has also helped them build stronger friendships and feel more connected to their school. What a brilliant space in which to continue their Year One journey! The news of the new classroom made it to the press; you can read the article below.

[Storm-wrecked classroom repaired with love and community help - Somerset Live](#)

[Attendance Matters](#)

At Ilchester Community Primary, we are committed to ensuring every child has the best possible start to their day and that begins with punctuality. Arriving late not only disrupts learning for the pupil but also affects the flow of the classroom and the focus of their peers. Just a few minutes lost each morning can add up to hours of missed learning over the term. Being on time helps children settle calmly, engage fully with their lessons, and build positive routines that support lifelong learning habits. If you would benefit from support around this, please contact your child's class teacher or Mrs Dickinson our Family Link Worker via the school office.

[Halloween Disco](#)

The Halloween Disco was a spooktacular success, and we're thrilled to share that it raised an incredible £1050 for the school! A huge thank you to FIS, our wonderful PTA, for volunteering their time and energy to make the event so memorable and raised much needed funds to enrich the children's school experience. We are also incredibly grateful to Mr Goodall, who generously gave his time to DJ the night away, keeping the dance floor buzzing with excitement, and to AP Kitchens for their kind sponsorship which helped bring the event to life and ensure 100% of the profits go back to the children. Everyone had a fantastic time dressing up, dancing, and enjoying the Halloween fun. Finally, thank you to all the parents who supported the disco your enthusiasm and generosity made all the difference. Events such as these truly show the strength of our school community!

RSPCA Workshops

This half term, all our Junior classes had a special visit from Alex, who works for the RSPCA. She led a workshop all about her job and the important work the RSPCA does to protect animals. The children learned about the different ways we can care for animals responsibly, including the importance of providing food, shelter and kindness. Alex shared real-life examples from her work and answered lots of brilliant questions from the children, helping them understand how they too can make a difference.

A particular focus of the workshop was on hedgehogs, which are increasingly at risk in our local environments. Alex explained how we can help hedgehogs by creating safe spaces in our gardens, checking for them before using garden tools and avoiding litter that could harm them. The session was concluded by the children making their own hedgehogs.



RE Diwali Learning

Across the whole school we have been learning about the festival of Diwali. The children have learned about the Festival of Light and the traditions people follow. Keri Hill has visited both sites and engaged the children in Bollywood style dancing. The children's creativity and rhythm were fantastic to see. Classes have made Rangoli patterns and worked together on pieces of work to share their learning about Diwali. 🌟 Happy Diwali! 🕯️



Carymoor



Environmental Trust Workshops

This week the Year Two children participated in a sustainability assembly and workshop which was delivered by Carymoor Environmental Trust.

As part of this workshop, we learnt about recycling in Somerset and were proud to find out that we are one of the best counties in the country with the amount of waste that we recycle! We looked at a variety of different items of rubbish and learnt which bins they would need to go in to be taken for recycling. We then had a recycling relay race which was great fun! We linked our workshop to our learning in science and looked at different electrical items and how they can be recycled.



Harvest Festival

Our Harvest Festival was a heartwarming celebration of generosity and community spirit. We are deeply grateful to all the families who donated so

thoughtfully. Your generosity truly embodies our school value of Kindness. The singing and poetry performances were absolutely uplifting, and Class 11's poignant presentation reminded us of all the power of compassion. Thanks to your contributions, we can deliver a wonderful collection of food to those in need in our wider community and the Lord's Larder food bank. It was a beautiful reminder that when we come together, we can make a real difference. I would like to express my gratitude to Reverend Bruce who led our Harvest assembly.

Forest School

The Year Two children had a wonderful time at Forest School this week exploring the variety of plants and animals that are part of the habitat.

We took the time to gather this information and document the site as is now before work begins over half term.

We are very excited to begin developing the area by cutting back some of the plants, bushes and long grass that are currently limiting our access and clearing the area of rubble and debris. This will mean that our Forest School site can be used by all the children across the school to access outdoor learning as part of their curriculum.



[From Bookshop to Bookshelf – Our Library Grows!](#)

Mrs Argent had the pleasure of taking four children to The Snug Bookshop in Langport to help choose a wonderful selection of new books for our school library. The children were full of excitement as they browsed the shelves, carefully picking stories they knew their classmates would love.

Sam from The Snug later visited our school so even more children could choose their favourites, and she kindly stayed after school to host a brilliant book fair which was enjoyed by pupils, parents, and staff alike. The children can't wait to see the new books in the library and start borrowing them!



[House Captains Host Halloween Quiz](#)

Our House Captains and Vice Captains hosted their very first quiz of the year — a spooky Halloween-themed event for the whole school! The quiz had all the excitement of a real gameshow, complete with buzzers, picture rounds and even a music round. Every house showed great teamwork and enthusiasm as they battled for points. The winning house was rewarded with some delicious spooky sweets — the perfect treat to end a fantastic event!

[Safeguarding](#)

At Ilchester, we will always say that our most important job in school is to keep everybody safe. OFSTED recently reported that 'the school's work in safeguarding is underpinned by staff wanting to do the best for all its pupils.' We take our safeguarding duties seriously and have developed a culture where everyone takes responsibility to safeguard children. If you have a concern about a child or young person, you can call Somerset Direct on 0300 123 2224.

[SEN Coffee Morning](#)

This term's Coffee Morning focused on sensory processing; the way that the brain processes the 8 senses. The 8 senses being:

- Sight
- Smell

- Hearing
- Touch
- Taste
- Proprioception (sense of body position and movement in space)
- Interoception (balance and spatial orientation)
- Vestibular (ability to sense internal state such as feeling thirsty or hot)

In order to best support a child who is experiencing sensory differences, we must support the person and those around them to understand their needs and make adaptations to the environment. For further details about how adaptations can be made please see the presentation and sensory processing handbook on the SEN section of the school website.

[Mental Health Support Team \(MHST\)](#)

What are the Mental Health Support Teams (MHSTs)?

The Mental Health Support Teams (MHSTs) in Somerset are a partnership between Young Somerset and Somerset CAMHS (Child and Adolescent Mental Health Services).

The MHST work in educational settings across the county, supporting children and young people aged 5-16 with their mental health and wellbeing. Our primary goal is to ensure that children, young people and their families receive timely help when they need it. Additionally, we aim to build resilience by equipping children, young people and their families with tools and strategies to use now and in the future, enabling young people to fully engage in their education.

Please see this link [Online Flipbook](#) showing webinars open to all parents in Somerset. There is also a poster at the end of the newsletter.

[Visit to Ilchester Museum](#)

Earlier this week, Classes 6, 7 and 8 visited the Town Hall and Ilchester Museum to take part in a workshop where they learned all about life in Ilchester during the Stone, Bronze and Iron Ages to support this term's History learning. The children all showed great curiosity, asking lots of thought-provoking questions, when listening to the presentation and were a credit to the school with their level of interest. Many thanks to Sally and Chris for providing such an enriching experience for the children.





Year Four Boys' Football

The team took part in a mini tournament at Bucklers Mead School in Yeovil recently and played with real spirit and great tenacity. Although some of the results didn't quite go our way, the team continued to compete through each match and supported each other fabulously. There were some real highlights to admire; athletic goalkeeping, stout defending and tough tackling in midfield to name but a few.



Well done, boys.

Cross Country

There have been two races since our last update, at the rain sodden Yeovil Town Football Club this week and the considerably drier Yeovil Showground a few weeks ago. In both cases, our competitors ran with great heart, giving their all and doing themselves and the school proud. In many cases, personal bests were improved upon and we will soon be knocking on the door of regular top ten finishes if progress continues.



Well done, team.

Cross country races now take a rest during the winter months, restarting in the spring when the evenings start getting a bit lighter once again. Keep up the winter training.

School Council

This year's School Council has now been elected with two representatives from each class. The Junior School Council has decided that its first action will be to 'launch a creative writing competition'. The Ilchester 500 Words Competition will run alongside the BBC 500 words competition. The School Council are inviting all children in the Junior Department to enter by writing an original story in under 500 words. The stories will be judged on plot, originality, characterisation, language and enjoyment. The Council has selected Mrs Mordue and Mrs Argent to be the school judges alongside a special mystery judge. Children will be given

the opportunity to write their stories at school, but they can also work on them at home. The deadline for entries to be handed into the School Council is Friday 7th November. Entries can also be uploaded to the BBC competition and there is a lot more information there on the competition itself. Winners be announced later in November in a special assembly.

As always, your encouragement and involvement have been greatly appreciated throughout the half term. I hope you enjoy relaxing, well deserved and enjoyable half term with your favourite people.

I look forward to welcoming everyone back, rested and ready for another exciting half term on Tuesday 4th November. The next half term promises to be filled with more exciting events and even some festive fun!

Yours faithfully

Michelle Mordue

Headteacher



AUTUMN TERM 2025 - Dates for your diary

Half-Term Holiday Monday 27th October – Friday 31st October inclusive	
Monday 3 rd November	INSET Day
Friday 7 th November	Year 5/6 Virtual Author Zoom visit 10am (Sathnam Sanghera)
Tuesday 11 th November	Reception 26 Open Morning 9.30-12
	Class 9 & 10 visit to Wells Cathedral & Bishops Palace
Wednesday 12 th November	Class 11 visit to Wells Cathedral & Bishops Palace
Thursday 13 th November	Year 4 Child Exploitation Workshop 1.30pm
	Charlie & The Chocolate Factory Year 5s Stanchester

Friday 14 th November	Children in Need
Tuesday 18 th November	Class 1 Curriculum Workshop 9.00am Class 2 Curriculum Workshop 10.30am
Wednesday 19 th November	Class 4 Curriculum Workshop 9.00am
	Years 5 and 6 Hot Poets Ignite Workshops
Thursday 20 th November	Class 5 Curriculum Workshop 9.00am
Friday 21 st November	Class 3 9.00 am Curriculum Workshop
Monday 24 th November	Class 10 Curriculum Workshop 9.00am
Tuesday 25 th November	Class 11 Curriculum Workshop 9.00am
Thursday 27 th November	Class 7 Curriculum Workshop 9.00am
Friday 28 th November	Class 8 Curriculum Workshop 9.00am
Monday 1 st December	Class 9 Curriculum Workshop 9.00am
Tuesday 2 nd December	Class 6 Curriculum Workshop 9.00am
	Diners Lunch/Carol Singing – Classes 10 and 11 (6 children from each class.
Thursday 11 th December	Christmas Jumper Day for Save the Children
Friday 12 th December	Jack and the Beanstalk Panto by Stage Ed.
	Town Hall Residents Afternoon – Classes 4 and 5 (6 children from each class)
Wednesday 17 th December	Whole-School Christmas Lunch
Friday 19 th December	Last School Day before Christmas!
Christmas Holiday Monday 22nd December – Friday 2nd January inclusive	
Monday 5 th January	INSET Day
Tuesday 6 th January	Back to school

ILCHESTER DISTRICT COMMUNITY ASSOCIATION

SUNDAY 2ND NOVEMBER

3-5PM

ILCHESTER TOWN HALL

FAMILY

HALLOWEEN PARTY

PRIZE FOR BEST CHILD AND BEST ADULT FANCY DRESS

TICKETS INCLUDE DISCO, THEMED ACTIVITIES, DRINKS

AND PARTY FOOD

DIETARY REQUIREMENTS CAN BE ACCOMMODATED WITH NOTICE

TICKETS IN ADVANCE BY BACS ONLY

CHILDREN £5 (UNDER 2'S FREE) ADULTS £1

(EMAIL IDCA234@GMAIL.COM TO PURCHASE)

ALL CHILDREN TO BE ACCOMPANIED BY A RESPONSIBLE ADULT PLEASE





SAVE THE DATE

Friends of Ilchester School

**CHRISTMAS
FAYRE**

At Ilchester Community Primary School

On 12th December 2025

3.30pm-6pm

**LOOKING FOR STALL HOLDERS - £10
PLUS A RAFFLE DONATION**

If you would like a stall, please email
office@ilchester.ppat365.org





FREE PARENT & CARER WEBINARS

Hosted by Somerset's Mental Health
Support Team

WONDERING HOW TO
SUPPORT YOUR
CHILD'S WELLBEING?

WHAT'S ON?

- SLEEP
- SUPPORTING BIG FEELINGS
- BUILDING SELF-ESTEEM & RESILIENCE



[BIT.LY/AUTUMNWEBINARS25](https://bit.ly/AUTUMNWEBINARS25)



[BIT.LY/MHSTINFO](https://bit.ly/MHSTINFO)

[BIT.LY/YOUNGSOMERSETMHST](https://bit.ly/YOUNGSOMERSETMHST)

SOMERSET MHST

@SOMERSETMHST



Join our team as a Rainbows Helper in Ilchester

- Would you like to volunteer with girls age 5-7, keeping them safe while running around our fun, adventurous programme?
- We meet on Tuesday evenings.
- We'll provide full training and support from our local team.
- We're an inclusive organisation, and have roles open to everyone.

**We help all girls know
they can do anything**





YOUNG SOMERSET WORKSHOP

Transitioning into Reception



BACK TO SCHOOL

A friendly and informative session packed with **practical tips** to help your child through the transition into their new year group. Discover simple ways to support learning at home, build confidence and support your child in their transition into primary school. Come along to **gain ideas** and **ask questions** for this next big step in your child's journey.



Weds 26th Nov
13.30 - 15.00

ABC



123

Ilchester Community Primary School

Book your space by scanning the QR code.
Booking will close at 9am Mon 24th Nov.

For more information, contact:
wellbeing@youngsomerset.org.uk





WISE UP WORKSHOPS

Empowering Parent
Carers to succeed



Wise Workshops @ SPCF Office Yeovil



Monday 10th November-

Help your Neurodivergent child manage their Anxiety
presented by CYPNP Team @ 10.00-12.00 & Online

Thursday 22nd January-

Increasing independence for children up to 12 years
presented by Bibic @ 12.30-14.30 & Online

Monday 2nd March-

Communication through Play
presented by SPCF @ 10.00-12.00 & Online

Thursday 21st May-

Smooth Starts: Supporting Your Child's Transition to a New School
presented by The Inclusion Service @ 12.30-14.30 & Online

Monday 6th July-

Understanding ADHD & related needs
presented by Bibic @ 10-12 & Online

Book now:

www.somersetparentcarerforum.org.uk/home/wise-up-workshops/



These sessions are open to all parent carers in Somerset who have a child with additional needs and/or a disability.





HANGOUT HUB

Tuesday 11th November @ 16:15 - 17:45

Tuesday 9th December @ 16:15 - 17:45

Tuesday 13th January @ 16:15 - 17:45

Fairmead School Yeovil

**Come and join a friendly, inclusive group
for children aged 8 to 12 years with
additional needs and/or disabilities.**

This is a safe and welcoming space where your child can:

- **Make new friends**
- **Enjoy fun games and creative crafts**
- **Be themselves in a supportive environment**



**More Information and how to book:
[https://somerseparentcarerforum.org.uk/
home/events/](https://somerseparentcarerforum.org.uk/home/events/)**

